ABSTRACT

The object of the present invention is to provide a drug effective in treating or The present invention discloses a therapeutic or preventing osteoporosis. preventive drug for osteoporosis having a compound shown in the formula (1)

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(wherein R1 is an alkyloxy group with the carbon number of 1 to 4) or a pharmaceutically acceptable salt or ester of said compound in the formula (1) as an effective ingredient. In the compound of the formula (1), a substance in which R1 is CH3O is isotaxiresinol derived from Taxus yunanennsis and showed physiological activities in inhibiting bone resorption and improving bone formation.